# Welcome To Serenity

When you step inside Serenity Spa by Westgate, not only are you arriving at an award-winning destination spa, you are also entering a world designed to restore and balance your mind, body and spirit with each treatment.

## VIP AMENITIES PACKAGE | 2 HOURS | \$300

Choose from the following to have 2 hours of our VIP experience: 1 hour private yoga class or 30 minutes in our private lounge with a foot soak, private soak, spa lunch or Hyperice leg treatment. Includes snacks, champagne, personalized locker and escorts to and from the spa so you can skip the check-in and out process. Full day access to spa amenities. Call to speak to our relaxation specialist to schedule.

# Massages

Signature Serenity Massage 110 min | \$374 Experience a full body massage with six of our most popular

enhancements. Epic Custom Massage 50 min | \$198 80 min | \$286

A personalized massage that will address your specific needs. Your massage therapist will consult with you to create goals tailored to your benefit.

Prenatal Custom Massage 50 min | \$198 80 min | \$286 Tension-reducing massage focusing on promoting overall health and well-being for expectant mothers.

Fire & Ice Focused Massage 50 min | \$209 80 min | \$303

A deep tissue massage to relieve tension and decrease inflammation. 80-minute can also include a full body relaxation massage upon request.

# Craniosacral Therapy

50 min | \$209 80 min | \$303 Gentle hands-on technique to examine membranes and movement of the fluids in and around the central nervous system.

Soothing Hot Stone Massage 80 min | \$303

Hot stone massage to relax and release deep tension and promote circulation.

# Chakra Healing Ritual

80 min | \$303 Relaxing massage incorporating medical-grade essential oils and chakra balancing crystals to promote total wellness.

#### Thai Massage 80 min | \$303

Fully clothed modality holistically treats the body through targeted acupressure and stretching.

#### CBD Renewal Massage 80 min | \$319

Enjoy CBD infused oil, pain relieving salve and exfoliating foot scrub and hydration while receiving a customized massage.

### Signature Serenity 4-Handed Massage 80 min | \$532

Enjoy twice as much body work in one session. Choose two massage therapists or a massage therapist and an esthetician for a luxurious sensory experience unlike any other. Includes five of our most popular enhancements.

# Massage Enhancements

Pain Relief Spot Treatment Choose either a CBD salve or an essential oil based cream to be used on an area of extra tension.	\$16.50
Hot Stone Sampler Hot Stone Massage on one desired area to further rela and alleviate tired muscles.	\$16.50 ×
Essential Healing Oil Massage infused with essential oils to promote total body wellness.	\$16.50
CBD Renewing Oil CBD-infused oil for additional anti-inflammatory and antioxidant benefits.	\$33
Dry Glove Exfoliation Remove dead skin cells, improve circulation and reduc toxins via lymphatic massage. Take-home exfoliation gloves are included.	\$33 ce
Foot Ritual Exfoliating scrub followed by a hydrating foot wrap.	\$33
Fascia Release Mobilization therapy to help aid healing in the soft tissu such as fascia, ligaments and muscles.	\$33 ies
Arnica Leg Pain Relief Leg-focused massage and stretching with pain-relievir liniment and hot stones.	\$33 ng
Coconut Milk Scalp & Hair Hydration Hydrating scalp massage with warmed coconut milk th assists in retaining natural moisture, enhances overall texture and appearance of the hair.	\$33 hat
CBD Gold Hot Oil Scalp Treatment A therapeutic scalp massage treatment that will provid relaxation and hydration for a dry scalp.	\$33 de

Gemstone Collagen Mask

Eye | \$33 Full Face | \$55 Collagen-boosting mask applied with jade roller for additional detoxification benefits. Take-home serum is included with the full-face mask.

# Lounge Enhancements Private Lounge

\$70

Each Guest will receive an aromatherapy or CBD foot soak while enjoying *complimentary* sparkling wine or cider, refreshments and tea in a private cozy setting. \*\$30 per Additional Guest.



# Skincare

Signature Serenity Facial 110 min | \$374 Custom facial, Purifying Back Treatment and six of our most popular enhancements.

## Tranquil Custom Facial

50 min | \$203 80 min | \$292 Custom facial based on your skin type, condition and goals. Includes cleansing, exfoliation, extractions (if needed) and mask.

#### CBD Renewing Facial 80 min | \$325

CBD infused products are applied to the skin to assist in fighting inflammation, environmental damage and aging. This facial includes a CBD Gold Hot Oil Scalp Treatment.

#### Epic Nonsurgical Face Lift 80 min | \$325

Enhance the appearance of skin tone and texture with a warm enzymatic peel and skin-tightening mask. Significant results with just one treatment.

## Facial Glo

50 min | \$225 Custom chemical exfoliation to lift dead skin cells, revealing younger-looking, supple skin.

#### Purifying Back Treatment 45 min | \$203

Back treatment to help clear out clogged pores. Includes cleansing, mineral exfolicition, extractions (if needed) and specialized mask to draw out impurities.

# Hydrafacial

#### 50 min | \$308 80 min | \$434

Deeply cleanse, extract and hydrate the skin through super serums filled with antioxidants, peptides and a customized booster. Perks available as upgrades based on your consultation.

# Signature Serenity 4-handed Massage and Facial 80 min $\mid$ \$523

Enjoy twice as much body work in one session. Choose two massage therapists or a massage therapist and an esthetician for a luxurious sensory experience unlike any other. Includes five of our most popular enhancements.

# Skincare Enhancements Brow or Lash Tint

Results can last 4 to 6 weeks.	
Single Area Facial Wax Choose between upper lip or chin.	\$33
Coconut Milk Scalp & Hair Hydration Hydrating scalp massage with warmed coconut milk that assists in retaining natural moisture, enhances over texture and appearance of the hair.	\$33 erall
CBD Gold Hot Oil Scalp Treatment	\$33

A therapeutic scalp massage treatment that will provide relaxation and hydration for a dry scalp.

Foot Ritual	
Exfoliating scrub followed by a Hydrating Foot Wrap.	
CBD Facial Booster	

# CBD-infused serum for additional anti-inflammatory and antioxidant benefits.

Dry Glove Exfoliation Remove dead skin cells, improve circulation and reduce toxins via lymphatic massage. A take-home exfoliation glove included.

NuFACE® Microcurrent Treatment Tone and tighten neck and facial muscles with innovative microcurrent technology.

## Custom Lip Rejuvenation \$33

Brown sugar scrub exfoliation followed by a collagen lip mask, Hyaluronic Acid Quench and a hydrating lip balm.

# Gemstone Collagen Mask

Eye \$33 Full Face \$55 Collagen-boosting mask applied with jade roller for additional detoxification benefits. Additional take-home serum included.

# Lounge Enhancements Private Lounge

\$70

\$33

\$33

\$33

\$33

\$33

Each Guest will receive an aromatherapy or CBD foot soak while enjoying *complimentary* sparkling wine or cider, refreshments and tea in a private cozy setting. \*\$30 per Additional Guest.



# **Body Treatments**

CBD Renewing Scrub 50 min | \$203 80 min | \$292

Exfoliating and hydrating CBD-infused body treatment. CBD Gold Hot Oil Scalp Treatment and CBD Foot Ritual are included.

## Aromatherapy Body Scrub

50 min | \$203 80 min | \$292 Exfoliating and hydrating medical-grade essential oil infused body treatment. Includes Coconut Milk Scalp Treatment and Foot Ritual.

#### Ayurvedic Herbal Detox Wrap 80 min | \$292

This hydrating wrap uses detoxifying herbs that act as a natural purifying agent that smooth the skin and nourish the body. This treatment includes the shirodhara scalp treatment that promotes calming effects on the body and mind.

# Couple's Revitalizing Wrap and Soak

80 min | \$732 Feel revitalized with your partner in a private soak followed by a hydrating scrub and mud wrap. Sparkling wine or cider and refreshments included.

# Signature Treatments Signature Serenity Massage

Signature Serenity Massage 110 min | \$374

Full body massage with six of our most popular enhancements.

#### Signature Serenity Facial 110 min | \$374

Relaxing facial, Purifying Back Treatment and six of our most popular enhancements for a full body rejuvenation.

# Signature Serenity 4-Handed Massage and Facial 80 min $\mid$ \$522

Enjoy twice as much body work in one session. Choose two massage therapists or a massage therapist and an esthetician for a luxurious sensory experience unlike any other. Includes five of our most popular enhancements.

#### Signature Serenity Pedicure Experience 80 min | \$264

This luxurious pedicure includes grooming of the nails, hydrating foot wrap, hot stone massage on legs and feet, hydrating hand wrap, gemstone collagen face mask with take-home serum, and a relaxing upper body massage. Sparkling wine or cider and refreshments included.

# Spa Kids & Teens (Ages 8-15) Mini & Me Spa Day

# 2 hr | \$732

For any child ages 8-15 and their guardian. Includes a 40-minute massage and 40-minute facial in the same room. Also enjoy refreshments and a take-home gift in the private lounge.

#### Signature Serenity Kids

50 min | \$187

Mini Facial or massage, back scrub, coconut milk scalp hydration and a foot hydrating service.

# Nail Care

#### Signature Serenity Pedicure Experience 80 min | \$264

This luxurious pedicure includes grooming of the nails, hydrating foot wrap, hot stone massage on legs and feet, hydrating hand wrap, gemstone collagen face mask with take-home serum, and a relaxing upper body massage. Sparkling wine or cider and refreshments included.

# Packages Serenity Experience

4 hr | \$688

80-minute Epic Custom Massage, 50-minute Tranquil Custom Facial, Signature Serenity Pedicure Experience. *Complimentary* lunch included.

# Revitalizing Hydra Package

#### 3 hr | \$605

Deeply cleanse, extract and hydrate the skin through super serums filled with antioxidants, peptides and a customized booster during our 80-minute HydraFacial and complete your spa day with our 80-minute Signature Serenity Pedicure.

# Mind, Body and Soul Package

3 hr | \$495 50-minute Epic Custom Massage, 50-minute Tranquil Custom Facial and a 50-minute Private Yoga Class.

# CBD Renewal Experience

2.5 hr | \$495

50-minute CBD Renewing Body Scrub, 80-minute CBD Renewal Massage or CBD Renewing Facial, CBD Foot Soak in private lounge, sparkling wine or cider and refreshments.

#### Journey to Wellness

# 2.5 hr | \$440

Choose one of the following experiences: 80-minute Epic Custom Massage and 50-minute Tranquil Custom Facial

50-minute Epic Custom Massage and 80-minute Tranquil Custom Facial





# Couple's Treatments Prices are per couple.

### Couple's Room

50 min | \$436 80 min | \$612 Each Guest can choose between Tranquil Custom Facial or Epic Custom Massage

#### Couple's Reconnect

110 min | \$788 Each Guest will receive a Foot Ritual and Coconut Milk Scalp Hydration. Two 55-minute Epic Custom Massages + Two 55-minute Tranquil Custom Facials

#### Couple's Revitalizing Wrap and Soak 80 min | \$732

Feel revitalized with your partner in a private soak followed by a hydrating scrub and mud wrap. Sparkling wine or cider and refreshments included.

## Couple's Enhancements Private Couple's Lounge

30 min | \$70 Guest will receive an aromatherapy or CBD foot soak while enjoying complimentary sparkling wine or cider, refreshments and tea in a private cozy setting. \*\$30 per Additional Guest

## Private Couple's Soak

30 min | \$100

A serene soak for two in the couple's private suite. Choose between a scented milk bath or aromatherapy salt. Sparkling wine or cider and refreshments included.

Yoga Private Session 55 min | \$137.50 \$15 Additional Guest

Mind, Body & Soul Package 3 hr | \$495 50-minute Epic Custom Massage, 50-minute Tranquil Custom Facial and a 50-minute Private Yoga Class.

## BOOKING APPOINTMENTS & CANCELLATION POLICY • A credit card is required at the time of booking to hold spa reservations.

- There is a 24-hour cancellation/rescheduling policy. Failure to cancel/reschedule treatments within this time frame will result in a 50% service charge and 20% gratuity fee.
- Guests that arrive late will be charged full treatment price.

# Gentleman's Treatment Gentleman's Facial

50 min | \$203 80 min | \$292 Custom facial based on skin type, condition and goals. Includes cleansing, exfoliation, extractions (if needed) and mask.

## Epic Custom Massage

50 min | \$198 80 min | \$286 Custom massage based on your consultation, addressing your needs to achieve the desired results.

# Spa Amenities

Must be scheduled. Complimentary with any spa service.

#### Hydrotherapy Whirlpool Hot Tub with Waterfall

Enjoy a calm and luxurious hydrotherapy experience where you can relax before or after your services. Complimentary wraps are provided and swimsuits are available for purchase.

#### Dry Cedar Sauna

Located in the locker room, our dry cedar sauna will help you relax and unwind before or after your service.

#### Relaxation Lounges

Relax with dim lighting, calming music, tea and refreshments. Upgrade to a private lounge for one or two Guests.

#### Eucalyptus Steam Room

Find your serenity while enjoying a detoxifying steam experience in the eucalyptus infused room.

# Spa Etiquette

### ARRIVAL AT SERENITY SPA

- Please arrive 15-20 minutes prior to your scheduled treatment to change into a spa robe and begin relaxing.
- We kindly ask that all Guests silence their cell phones to ensure a tranquil experience for everyone.
- If you would like to request a specific technician, please do so at time of booking.

License #MM9801 effective 2/2021. Please call 435-655-2266 or dial extension 40050 from any resort phone to schedule your spa escape. Prices and offerings are subject to change.